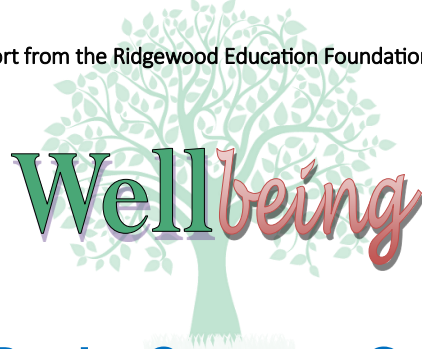


Ridgewood Public Schools

COMMUNITY OUTREACH PROGRAM

Co-sponsored by The Valley Hospital, with support from the Ridgewood Education Foundation and the Federated Home and School Association



The Brain Goes to School: What Science Tells Us about Student Achievement

David Walsh, Ph.D.

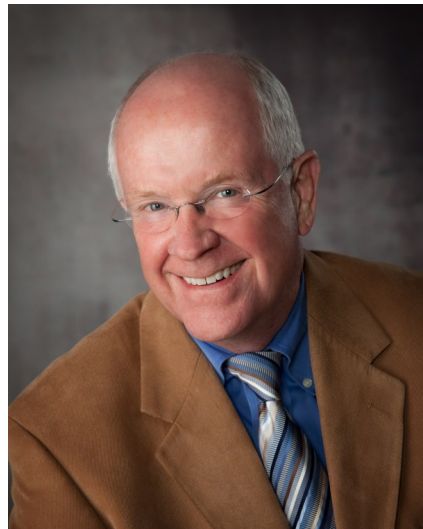
Wednesday, April 25, 2018
7:00-9:00 pm

George Washington Middle School, 155 Washington Place, Ridgewood, New Jersey

Best-selling author and international speaker, Dr. David Walsh, translates cutting edge brain science to explain what 21st century students need to be successful in the classroom and in life. Learn more about ways to improve students' concentration, increase their energy, enhance retention, and foster innovation. Some of his themes and central messages include:

- ◆ Working memory and the Rule of Seven
- ◆ How nutrition, exercise, and sleep boost brain potential
- ◆ Fostering creativity and imagination
- ◆ How social connection unlocks brain potential
- ◆ Focused versus reactive attention
- ◆ Self discipline: the key to school success

Infusing warmth and humor into practical strategies, Dr. Walsh informs, challenges, and inspires his audiences.

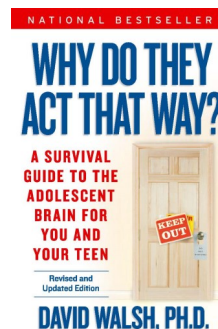
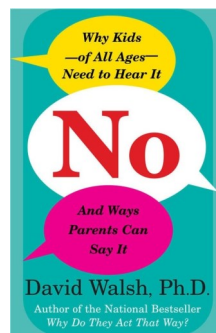


David Walsh, Ph.D. is an award winning psychologist, best-selling author, and international speaker. His ten books have been translated into eight languages. He has also authored scores of papers for professional and general publications. He has appeared numerous times before Congress and has consulted with the World Health Organization and the Ministries of Education in Japan, South Korea, Portugal, and Singapore. Furthermore, Dr. Walsh has been a frequent guest on virtually every television and radio talk show, including NBC's *Today Show*, *Good Morning America*, *The CBS Early Show*,

The News Hour with Jim Lehrer, *Dateline NBC*, ABC's *20/20*, National Public Radio's *All Things Considered* and *Morning Edition*. Dr. Walsh lives in Minneapolis, Minnesota. He and his wife have three adult children and seven grandchildren.

Smart Parenting, Smarter Kids

Techniques to Raise Your Child's IQ
What Kids Should Eat for Optimal Brain Growth and Health
How the Brain Learns to Listen, Speak, Read, Write, and Remember—and How to Help It
The Power of Exercise, Sleep, and Play for Your Child's Academic, Physical, and Emotional Health
How to Teach Kids Attention, Social, and Digital Skills for Success
David Walsh, Ph.D.
Author of the National Bestseller *Why Do They Act That Way?*



Office of Curriculum, Instruction, and Assessment

49 Cottage Place, Ridgewood, NJ 07450 ♦ (201) 670-2700 ext. 10532

For more information about these programs, visit www.ridgewood.k12.nj.us